



SIKH SPIRITUALITY CAMP BOOKLET

26TH - 29TH OCTOBER 2024

RAMGARHIA SIKH GURUDWARA, SLOUGH, UK

Join us to discover the power of Gurbani & Naam.
Transform your mind, relationships & life.



**BHAI TARSEM
SINGH**

SHARE CHARITY, UK



**BHAI DEPUTY
SINGH**

GUR GYAN ANJAN, INDIA



**BHAI RAMANPREET
SINGH**

PARCHARAK, USA



BIBI DARSHAN KAUR



BHAI HARBIR SINGH



BIBI AMANDEEP KAUR

CHILDREN'S CAMP (REGISTRATION ESSENTIAL)



MARTIAL ARTS | MEDITATION | CREATIVE ACTIVITIES | KIRTAN



For more more info contact: camp.sikhspiritualitynetwork@gmail.com

Call/ whats app: +44 7878 942190



WELCOME TO THE CAMP!

Vahiguru ji ka Khalsa Vahiguru Ji ki Fateh!

Pyaree Sadh Sangat ji, this 4-day Sikh Spirituality camp is a blessed opportunity to connect with **Gurbani Guru, Simran, Sadh Sangat** and more...

Through Guruji's Grace, the setting up of the **Sikh Spirituality Network** was motivated by the desire to share the power of Gurbani and Simran meditation in a deep yet practical way to transform our minds and lives.

We all want to experience peace and fulfillment in this life, but for so many of us, this feels so far from our day to day reality.

Whether it is emotional or physical pain, loved ones passing away, relationships breaking down, or just a feeling of emptiness as if something is missing, there comes a time when a deep pain and longing for spiritual connection rises up inside of us.

This is where our profound journey of spiritual and personal transformation begins, as we delve into the teachings of Sri Guru Granth Sahib Ji and commit to the regular practice of Simran/meditation.

As we continue this journey of personal transformation through Gurbani contemplation, Simran and Sadh Sangat, we notice the conflict in our relationships starts to reduce, health conditions start to heal, our personalities start to transform and we realise the truth:

**Man Too Jot Saroop Hai Aapna Mool Pechaan.
Oh mind you are the embodiment of Divine Light,
recognise your Source.**

Sri Guru Granth Sahib Ji, Ang 440

With Gurujis Kirpa, inspired by our own journeys, and guided by Siri Guru Granth Sahib ji, we created this initiative, the Sikh Spirituality Network to invite you to embark on your own personal transformation journey, and to inspire others to do the same.

Vaheguru ji ka Khalsa Vaheguru ji ki Fateh!



STAY CONNECTED

Family Divaan
Taking steps towards Guruji as a family

- ~ Kids Sikhi Stories
- ~ Simran Competition
- ~ Kids Kirtan
- ~ English Katha
- ~ Guided Meditation
- & chips and beans langar!

6pm - 6.50pm, Every Sunday
Sri Guru Singh Sabha Gurdwara,
Slough, SL2 5SS



FAMILY DIVAAN
SUNDAYS 6PM - 6.50PM
SRI SINGH SABHA
GURDWARA, SLOUGH

Please join us at a new weekly divan every Sunday from 6:00 - 6:50 pm to learn how we can develop our relationships with our family through nurturing our connection to Sikhi and Veheguru ji

Learn how to practically walk on this beautiful path of Sikhi together as a family with the aaasra of Dhan Siri Guru Granth Sahib Ji

Self discovery Circle

Do you yearn to develop further spiritually?
Are you looking for likeminded uplifting sangat?
Join us to explore how we can deepen our spiritual connection through simran and the contemplation of Gurbani

Mondays
10-11.30am
Simran & Veechar
(discussion)
Term-time only

@ Singh Sabha Gurdwara, Slough
In the Deori (sliding doors behind the parshaad area)



SELF DISCOVERY CIRCLE
MONDAYS 10AM - 11.30AM
(TERM TIME ONLY)
SRI SINGH SABHA
GURDWARA, SLOUGH

If you are looking for supportive sangat and would like to further develop your Sikhi and Simran (meditation) experience, please join us at the Self discovery every Monday.

WEBSITE

Want to learn more about the Sikh Spirituality Network? Then visit our website and learn more about who we are, what we do and how to get in touch.

sikhspiritualitynetwork.com



INSTAGRAM

Want to stay up to date with the latest events and stories? Then follow us on instagram to stay connected:

[#sikhspiritualitynetwork](https://www.instagram.com/sikhspiritualitynetwork)



TELEGRAM

Need more sangat and motivation to do simran and stay connected with Guruji? Then join our telegram group with daily simran, English & Punjabi katha and veechar.

t.me/sikhspiritualitynetwork



CHILDREN'S CAMP

We are blessed to have a variety of exciting and inspirational sessions for the children this year! The children's timetable will run from 9-5pm daily.

Our children are the future of the Panth and at camp we wish to give them the opportunities that will enable them to flourish on a mind, body and spirit level.

Sikh Spirituality

Every day, the children will have a Sikhi talk, where they will learn to apply Sikhi practically in their lives to :

- deal with difficulties (anxiety, conflict, low mood)
- to build confidence
- experience success spiritually and in the world.

They will be taken through daily guided Naam simran sessions and Gurbani vichar sessions delivered in fun and creative ways.

As well as sessions delivered by classically trained kirtanees to help instill a love for the beautiful medium of kirtan.

Mind-body sessions

Every day, the children will receive a session aimed at improving mind-body wellness. We have invited specialist martial arts and yoga teachers to help children develop a positive relationship with looking after their bodies, in a fun way.

Creative activities

Alongside this, the children will have a chance to partake in many creative and fun activities ; arts and crafts, calligraphy and a fun and engaging sikhi themed puppet show.

DBS Checked

Sevadars leading sessions are all DBS checked and you will be able to see the whereabouts of your children on the children's timetable which you will be given on arrival to camp. The children's timetable will run from 9-5pm daily. Children will join their parents at all snack and lunch breaks.



CHILDREN'S TIMETABLE & MORE INFO



The childrens camp will run from 9-5pm on Sat 26th-Monday 28th Oct and 9-1pm Tuesday 29th Oct.

On the day your child(ren) are attending camp, please bring them to the main darbar where there will be sevadars waiting at the back to collect them and take them to their first camp session promptly at 9am.

During the day, your children will be brought back into the Darbar in time for snack and lunch times and they will again be collected from the Darbar after snack and lunch times for their subsequent children's sessions.

There will be timetables for the children's camp clearly displayed around the Gurdwara so you know your child's whereabouts, and you can at any time approach a Sevaadar to give you this information as well.

Children who have not been pre-registered will be required to complete a registration form on arrival.

The table below gives you an idea of the kinds of activities your children will enjoy as part of the camp.

WHEN	WHAT
SATURDAY 26th OCTOBER	WRESTLING- SLOUGH WRESTLING CLUB SIKHI TALK- MANDEEP KAUR YOGA SESSION- AMAANI VEGA SEVA- DARBAR HALL SIKH ART & CRAFTS- REENA KAUR
SUNDAY 27th OCTOBER	RAAG KIRTAN SESSION- MANDHIRAJ KAUR SIKH PUPPET SHOW - SUKHY KAUR (Share charity) SIKHI TALK- VIJAY SINGH YOGA SESSION- TARSEM KAUR MUAY THAI MARTIAL ARTS
MONDAY 28th OCTOBER	SIKHI TALK- RAMANPREET SINGH GRATITUDE SESSION- MEENA KAUR IMAS MARTIAL ARTS WARRIORS MARTIAL ARTS SIKHI TALK- SUKHDEEP SINGH (BASICS OF SIKHI)
TUESDAY 29th OCTOBER (HALF DAY)	SIKHI TALK- HARBIR SINGH WRESTLING- WINDSOR WRESTLING ACADEMY

MEET THE SPEAKERS

BHAI DEPUTY SINGH GUR GYAN ANJAN, INDIA

Bhai Deputy Singh is an internationally recognised parcharak renowned for sharing wisdom on the practical application of Gurbani.

At camp Bhai sahib will draw on Gurbani to explore how we can walk the path of loving devotion , prem bhagti in this life, and play this game of life to experience peace of mind and ultimately milaap (union) with Vahiguru.

Bhai sahib will address those deep questions that the mind longs for answers to; who am I really? Where have I come from? What is my true purpose? Where is my True home? How can I meet/experience Vahiguru?

Contribution:

Daily katha: 26th Oct, 11-12.30pm, 5.30-7pm
27th & 28th, 11-12.30pm & 6-7.30pm
29th, 11.30-1pm, Q&A 2-3pm



BHAI TARSEM SINGH SHARE CHARITY, UK



Bhai sahib is a highly respected parcharak who has touched hearts across the globe. He has been at the forefront of various seva initiatives including: developing SikhitotheMax, Gurmat camps and creating lectures and resources on marriage with SHARE charity.

At camp, Bhai sahib will delivering an inspirational talk titled 'Naam- a gift from Satguroo Ji' sharing wisdom on what Naam is and how we can become worthy of receiving it. We are honoured to have Bhai sahib as a speaker this year.

Contribution:

Saturday 26th October
1.30pm - Seminar: 'Naam- a gift from Satguroo Ji',
followed by Q & A
7.30pm - Kirtan

BHAI RAMANPREET SINGH PARCHARAK, USA

Bhai Ramanpreet Singh, based in the US is the founder of the Sikh meditation YouTube channel, where he shares inspirational lectures on the teachings of Sri Guru Granth Sahib ji and Naam simran meditation in English.

At camp, Bhai sahib will be taking us through the story of the mind according to Guru Granth Sahib ji; how the mind became separate from Vaheguruji at the beginning of this game of life, and how we can walk towards union with Vaheguruji whilst we are living. This is a rare opportunity to delve deeply into the life changing wisdom of Sri Guru Granth Sahib ji.



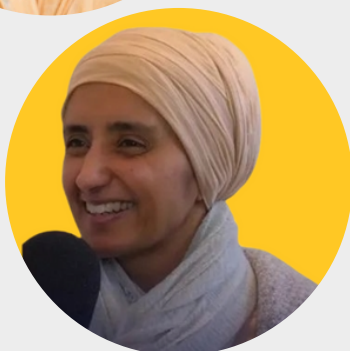
Contribution:

27th, 28th & 29th October

1.30pm -2.15pm: English seminars

26th Q & A , 27th & 28th 2.15-3.30pm Veechar (discussion sessions)

DARSHAN KAUR & AMANDEEP KAUR SIKH SPIRITUALITY NETWORK



Darshan Kaur (clinical psychologist) & Amandeep (wellness coach) in their work, bring together Sikhi, psychology and mind-body medicine along with their own personal transformation journeys, to help people to overcome the issues that we all struggle with such as conflict in relationships, loneliness, low self esteem and anxiety.

At camp, they will do English talks sharing deep wisdom of Gurbani, relevant science and powerful guided Naam simran meditation to help us to approach the challenges in our life from a fresh perspective. You will leave these sessions with greater spiritual connectedness, wellness and purpose.

Contribution:

26th, 27th and 28th Oct

English seminar & guided simran (8.30-10.30am)

27th & 28th Veechar (discussion sessions) 2.15-3.30pm

CAMP SCHEDULE

DAY 1:

SAT 26TH OCT

WHEN	WHAT
5AM	SIMRAN
6.30AM	NITNEM
7.30AM	REST & BREAKFAST
8.30AM	ENGLISH SEMINAR 1 TRUE SELF DISCOVERY, Amandeep & Darshan K
9.15AM	SIMRAN
10.30AM	BREAK
11AM	AKATH KATHA- NAAM & THE STORY OF THE MIND, Bhai Deputy Singh (Punjabi)
12.30AM	LUNCH
1.30PM	ENGLISH SEMINAR 2- Naam - A Gift From Satguru Jee, Bhai Tarsem Singh
2.15PM	QUESTION & ANSWER
3PM	BREAK
3.30PM	SIMRAN
5PM	REHRAS
5.30PM	AKATH KATHA- NAAM & THE STORY OF THE MIND, Bhai Deputy Singh (Punjabi)
7-9PM	AKHAND KIRTAN DARBAR Bhai Tarsem Singh, Bibi Mandeep Kaur

DAY 2:

SUN 27TH OCT

WHEN	WHAT
5AM	SIMRAN
6.30AM	NITNEM
7.30AM	REST & BREAKFAST
8.30AM	ENGLISH SEMINAR 1 & GUIDED SIMRAN- DISCOVERING THE JOT (LIGHT) WITHIN Amandeep & Darshan K
9.15AM	SIMRAN
10.30AM	BREAK
11AM	AKATH KATHA- NAAM & THE STORY OF THE MIND, Bhai Deputy Singh
12.30PM	LUNCH
1.30PM	ENGLISH SEMINAR 2- SIKH MEDITATION & THE PURPOSE OF OUR LIFE, Ramanpreet Singh
2.15PM	VICHAR (DISCUSSION) WORKSHOPS & Q&A
3PM	BREAK
3.30PM	SIMRAN
5PM	REHRAS & KIRTAN
6PM	AKATH KATHA- NAAM & THE STORY OF THE MIND , Bhai Deputy Singh
7.30PM	SMAPATI

DAY 3: MON 28TH OCT

WHEN	WHAT
5AM	SIMRAN
6.30AM	NITNEM
7.30AM	REST & BREAKFAST
8.30AM	ENGLISH SEMINAR 1 & GUIDED SIMRAN- OVERCOMING CONFLICT IN RELATIONSHIPS Amandeep & Darshan Kaur
9.15AM	SIMRAN
10.30AM	BREAK
11AM	AKATH KATHA- NAAM & THE STORY OF THE MIND, Bhai Deputy Singh (punjabi)
12.30PM	LUNCH
1.30PM	ENGLISH SEMINAR 2- SIKH MEDITATION & THE PURPOSE OF OUR LIFE Ramanpreet Singh
2.15PM	VICHAR (DISCUSSION) WORKSHOPS & Q&A
3PM	BREAK
3.30PM	SIMRAN
5PM	REHRAS & KIRTAN
6PM	AKATH KATHA- NAAM & THE STORY OF THE MIND (punjabi)
7.30PM	SMAPATI

DAY 4: TUES 29TH OCT

WHEN	WHAT
5AM	SIMRAN
6.30AM	NITNEM
7.30AM	REST & BREAKFAST
8.30AM	ENGLISH SEMINAR - SIKH MEDITATION & THE PURPOSE OF OUR LIFE, Ramanpreet Singh
9.15AM	SIMRAN
10.30AM	BREAK
11AM	KIRTAN DIVAN
11.30AM	AKATH KATHA- NAAM & THE STORY OF THE MIND, Bhai Deputy Singh
1PM	LUNCH
2PM	CLOSING DISCUSSION & Q&A, Bhai Deputy Singh
3.30PM	SMAPATI

REFLECTIONS

Q. What key learning points, reflections or lightbulb moments have I had during camp that I want to keep hold of ?

Q. What experiences in simran/meditation have I had during this camp that I don't want to forget?

Q. What personal message do I want to give myself for inspiration when I look back weeks/months from now?

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This image shows a full page of white paper with horizontal blue lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings present.

QUESTION & ANSWER ON SIKH SPIRITUALITY

Q: WHERE SHOULD WE BE PLACING OUR ATTENTION
WHILST DOING SIMRAN?

A: Guru's form is Guru's shabad. When we are travelling on this path, Guru's shabad is the Gurmantar that we have been given. We are to place our attention in the sound of this shabad not in the akhars (letters). Many people place their attention in the letters.

Maharaj says "Dhun Meh Dhiyaan Dhiyaan Meh Janeya Gurmukh akath kahaanee; We are to place attention in the sound of our voice because the sound of our voice cannot be seen. I am speaking, you are hearing my voice, you are not seeing it are you?

We need to get to that spiritual state of being sookham (not visible). This is why we want to place our attention in the sound of our voice

This sound will slowly slowly take us to that place where there is the unstruck sound (anhad dhun). Then when the mind joins with the anhad dhun. This gyan will turn into dhiyaan

Maharaj tells us in Gurbani- 'Gur gyan ar dhiyan tat sio tat milavai. Sach sach jaaneye ek chitai liv laavai'. We then want to, through placing our dhiyaan in the shabad, go to Agam (realm of Vaheguruji). This is why it is essential that the teachings be according to Gurmat



Q: IS DHARAM (RELIGION) IMPORTANT ON THE SPIRITUAL PATH?

Without Dharam we cannot meet Vaheguru, and that Dharam that is going to allow us to meet Vaheguruji- that Dharam starts from our Mind.

Sagal Dharam meh srest dharam har ko naam jap nirmal karam

Now many of us don't know which Dharam should we choose? Just like when a child grows up and its time to put them into school, there are so many schools to choose from. We ask ourselves where should we put or child? Grammar school or elsewhere?

In the same way, in this world (kaal da desh). There are lots of shops open that say that promise that they can unite you with Vaheguruji

Just in the same way that Guru Tegh Bahadur Ji went to Aurangzeb after being approached for help by the Kashmiri Pandits. There when the discussion started, the king was present. They said to Guruji ' You should follow our religion'. They asked Guruji to adopt their religion Islam

When they asked Guruji this, Guruji replied by saying. have you been in the Islamic religion from the beginning? They said "yes". Then Guruji said "well have your vikar/ bad virtues been eradicated from within?" Have you cleansed your mind? Have you begun the meditation of the formless One who is going to give you the status of immortality?

Maharaj said to them 'Praanee kaun upaao kare? Jaa te bhagat raam ki paavai jum ko traas harai' Has your fear of the messengers of death been extinguished? When you die will they not come to get you?

So tell me about what you do. You wish for me to adopt your religion, so tell me what you do, the karam (actions) that you perform. For example you pray towards a certain direction. Do you have full faith that God is in that direction? That study that you do. Is this the highest study. Is this study of Brahm (God)? Do you believe your religion to be the highest? Which Naam do you chant? Who are you joined with? How do you believe that you can gain salvation in this time of Kaljug? Tell me, how you have crossed over the bhavsagar (ocean of thoughts)

They had no answer for this. Then Guru Maharaj gave them the following understanding 'Kal meh ek naam kirpa nidh, jaae japai gat paavai. Aur dharam taa ke sam nahin, eh bidh bed bataavai' In all of the Dharam granths and Shastaras (other dharmic texts), the knowledge is given that, It is only through joining with the one Naam that we can attain mukti (salvation)

In the world, there are countless names to chant. If you want to meet Vaheguruji and attain salvation and the status of immortality, then you have to join with the one (Ek) Naam.

Q: WHAT IS THE ONE (EK) NAAM?

Ek Naam is de-mystified in Gurbani. Ek Naam is that Naam that when we are in our mother's womb we are connected to Vaheguru. That Naam that the mind is joined to in the mother's womb that is called Ek Naam. Now when Maharaj explains to us in Gurbani 'Jaise janan jathar meh pranee oh rehta naam adhar. Saas saas samare Naa pohe aganar'.

So that baby is connected to Naam. Which Naam? because the baby doesn't know how to speak. That Naam resounds even without chanting. 'Bin bole jo japai heaye Kei janai kaisa nau'. That Naam, which is in the form of a sound. Which is the sound being spoken from Vaheguru's mukh (mouth). We will need to join with that Naam. And Guru Nanak has said that the teaching is the same for each of the 4 castes: that "Gurmukh naam japai kal meh so udare, ghat ghat Nanak maajaa'- In Kaljug the one who joins to that Naam. Whoever it is. Whoever's connection is broken from Vaheguruji, as in the case of when a Hindu is born

His connection to the Naam is broken. When a muslim child is born, their connection is broken. It is the mind's connection which is broken, and the mind which is going to seek and get salvation. Now how is the mind to reach that shabad/naam? This knowledge is even shared in the Gita (the Hindu religion text). But people do not read the Gita. They worship stone Gods. They worship dristman (visible form) And Bhagat Namdev explained to the people- Namdev said it says even in the Gita that we are to join with the One Parmatama And Maharaj explains in Gurbani- Chaar pukare naa tu manai. Meaning the 4 Vedas? What do these tell us?

That kinkaree shabad/anhad shabad (celestial sounds), it is through joining with this that one will get salvation, and that has not been explored/reflected upon

Guru Amardas ji was very knowledgeable about the Vedas, then when they came into Guru Angad Dev ji's sanctuary the understanding was given. They said that these people don't search the Vedas. Therefore they don't find Naam from within these.

In the same way, Guru Granth sahib ji's Bani. In Gurbani the entire understanding of Naam is given. And if we do not search Gurbani then Maharaj says that "Parre manmukh par bidh nahi jaanaa, Naam na bujai bharam bhulaana'

Now if we don't do the khoj of Naam from within Gurbani then what spiritual state will we find ourselves in? We will do Darshan of the Guru "Satgur nu sabh no dekhda" but not achieve mukti. So whoever it is will have to follow Guru Nanak Dev ji's philosophy, whatever understanding that Parmatama has given us. That being that walks according to this will merge into Naam and experience milap (union) with Vaheguruji

Q: CAN WE REALLY MEET VAHEGURU? WHAT DOES IT MEAN TO MEET GOD?

Some people say that I've gone to the Gurdwara into the Satsangat and I've bowed down to Guru Granth Sahib ji so I've met God. Or I've looked at nature. And I've felt that Vaheguru is here, so I've met Vaheguru, but what is the true meaning of Gobind Milan Ki Ehe Teri Bareeya? Maharaj has told us in Gurbani. This human body, has been gifted to the mind. When someone gives you something, you are separate from the thing you are being given. In this way the body is separate and the mind (that has been given the body) is separate.

This house (body) that we have come into, we have come into this to meet Vaheguru. Now in order to meet Vaheguru. Vaheguruji has two forms: sargun and nirgun. This whole creation is Vaheguruji's Sargun form. The first way in which to meet Vaheguru is to see your mother and father, children, as the Sargun form of Vaheguru ji.

Through gradually developing love for the Sargun form, the mind will start to search back to its origin and ask, 'Where has this entire creation sprung from? How has this body of ours been made? Where has this ground been created from?'. Then as we trace backward, we will get to Vaheguruji's Nirgun form: Nirakar. Vaheguruji's form that has no colour, caste, creed. This is our actual goal- to merge into Nirakar- formless Vaheguruji.

When we reach the deeper stages of meditation then we see Vaheguruji's Nirgun form, Parkash (light). How do we do this? Maharaj has explained to us in Gurbani that the Akar (creation/form) comes under the 3 gunas (3 qualities of Maya), Nirakar (Vaheguruji) is separate from those 3 guns. The entire creation is playing within the 3 qualities of Maya. As we slowly learn to take our minds outside of Maya through simran, we see Vaheguruji. Vaheguruji is Parkash roop (light). In the same way we see light in the daytime, Vaheguruji's form is so much brighter. That Prakash is to be seen by the mind.

How? Gurbani tells us that the mind sits in the pupils of the eyes and looks outwards, and whatever it is seeing, this is all the creation or Maya's desh/territory. The light here is within the eyes, and the mind sees via the pupils. When the mind starts to recognise, and merge into the Shabad (Naam) then the mind's own light starts to come into expression. It is the mind's own light, when it looks it will not see form (akar), it will see Prakash (Vaheguru's light). It will see Nirakar. We are to look at this, with our eyes. In the same way that we are looking at each other.

Now if we do not meet Vaheguru here whilst we are living, we cannot merge into Vaheguru once we leave our body (when we die) because we will not have recognition of Vaheguru and how to merge. After death there is no mukti/salvation. Mukti is here. This why, whilst we are still taking breaths, we are to meet Vaheguru. It is only then that we can stay in that realm once we leave our body (die). 'Moeya jit ghar jaeeyai tit jeevateya mar mar.' That house that you are to go to when you die, you must conquer that death while you are alive.



OTHER EVENTS

**Scotland
Simran Camp**

1-3 November 2024

Join us for a life-transforming 3 days of
**Akath Katha, Simran,
Kirtan and Q&A**
to learn about Naam and the story of our mind,
according to Dhan Dhan Sri Guru Granth Sahib Ji
with Gurmukhs from India, Canada, USA and UK.

Central Gurdwara Singh Sabha
Berkeley St
Glasgow

Contact: 07878 942190

AKHAND KIRTAN DARBAR

SATURDAY 26TH OCTOBER

7 PM - 9:30 PM

Ramgarhia Gurdwara Slough
Woodland Avenue, Slough
SL1 3BU

**LEEDS
Simran camp**

5-7 November 2024

Join us to learn about Naam and the story of
our mind, according to Dhan Dhan Sri Guru
Granth Sahib Ji with Bhai Deputy Singh Ji.

DAILY FROM TUESDAY 5TH TO THURSDAY 7TH NOVEMBER	
2:00 - 3:30 PM	SIMRAN
3:30 - 4:30 PM	AKATH KATHA
4:30 - 5:00 PM	SIMRAN
5:00 - 6:00 PM	REHRAAS SAHIB AND KIRTAN
6:00 - 6:30 PM	LANGAR
6:30 - 7:45 PM	AKATH KATHA

The Sikh Temple
Downstairs Hall
192 Chapeltown Rd,
Leeds LS7 4HZ

Contact: 07903 951084

**Yorkshire
Simran Camp**

8 - 10 November 2024

Join us for a life-transforming 3 days of
**Akath Katha, Simran,
Kirtan and Q&A**
to learn about Naam and the story of our mind,
according to Dhan Dhan Sri Guru Granth Sahib Ji
with Gurmukhs from India, Canada, and the UK.

Register:
tinyurl.com/YorkshireCamp
or scan QR Code:

**GURDWARA
SINGH SABHA**
GRANT ST, BRADFORD, BD3 9HD

Contact: 07817 847064
07903 951084

**LEICESTER
Akath Katha
& Simran**

11-17 November 2024

Join us to learn about Naam and the story of
our mind, according to Dhan Dhan Sri Guru
Granth Sahib Ji with Bhai Deputy Singh Ji.

Monday 11th to Saturday 16th November
6:30 - 7:15 PM daily

Sunday 17th November
12:00 - 1:15 PM

Ramgarhia Gurdwara Sahib
1, Sri Guru Ramdas Way,
Hamilton, Leicester LE5 1FY

Contact: 07878 942190

WEBSITE

Want to learn more about the Sikh Spirituality Network? Then visit our website and learn more about who we are, what we do and how to get in touch.

sikhspiritualitynetwork.com



INSTAGRAM

Want to stay up to date with the latest events and stories? Then follow us on instagram to stay connected:

#sikhspiritualitynetwork



TELEGRAM

Need more sangat and motivation to do simran and stay connected with Guruji? Then join our telegram group with daily simran, English & Punjabi katha and veechar.

t.me/sikhspiritualitynetwork

